

2006 All State Volleyball Team

First Team

_____ **Lauren Kinney**, Greely Senior, outside hitter, 3.8 GPA, 160 kills in 41 games (we only played 13 matches), 24 aces, 88% receiving and 86% defensive digging. She is a great back row person, 5'7" she has a 22" vertical jump. Lauren was all-state player last year. She has won three beach doubles tournaments.

_____ **Ashley Tilton**, Washington Academy, Senior, outside hitter, 115 kills, 45 digs, 13 assists, 142/156 (91%) SR, 150/176 (85%) serves, 11 aces, 1 block.

_____ **Molly Northway**, Greely Senior, outside hitter, 3.75 GPA, 136 kills in 41 games, 40 aces off her jump serve, 83% on blocking, defensive digs 82%. Molly is 5'11" and has a vertical jump of 20". She knows how to hit around the block. Molly coaches volleyball outside of school.

_____ **Courtney Cochran** – Woodland Junior, outside hitter, serving 153 for 176 (86.9%), 25 aces, set school record for kills 233, 8 blocks, 131 digs, 2005 and 2006 All Conference, 2005 All State Honorable Mention, 2006 Bangor Daily Athlete of the Week in October

_____ **Tessa Churchill**, Greely Senior, 3.9GPA, 136 kills in 41 games, Tessa stays in and hits in front row, 42 kills, 183 set assists, 32 aces, 72% on defensive digs. She is out top setter and runs our fast defense. She is 5'7". She is involved in Music, dance and drama outside of school.

_____ **Cassandra Cooper**, Cony Senior, Captain, outside hitter, leads the team in 92 aces, 32 blocks, 127 digs. She was on the second team last year.

Second Team

_____ **Amy Harrison** – MDI Senior, serving 169/185 (91%), 47 aces, attacking 140/164 (85%), 61 kills, 14 blocks, 29 digs, 13 assists

_____ **Lindsey Mingo** – Calais Senior, middle hitter, 150-177 serving (85%), 32 aces, 50 digs, 98 kills, 45 blocks

_____ **Rachael Mack**, Cony Junior, outside hitter, leads the team in 171 kills, 35 blocks.

_____ **Mariah Grover** – MDI Junior, serving 74/98 (75%), 18 aces, attacking 188/212 (88%), 108 kills, 52 blocks, 2 digs, 9 assists

_____ **Megan Knowles**, Washington Academy, Senior, outside hitter, 119 kills, 49 digs, 4 assists, 244/279 (87%) serves, 32 aces, 2 blocks, 129/141 (91%) SR.

_____ **Mikayla Sabattis** - Woodland Junior, outside hitter/setter, serving 179 for 197 (90.9%), 14 aces, 64 kills, 83 assists, 117 digs, hitting efficiency .321

_____ **Carissa Tinker** – MDI Junior, serving 148/151 (98%), 22 aces, attacking 64/74 (86%), 28 kills, 0 blocks, 32 digs, 21 assists

Honorable Mention

Tina Beal, Jonesport-Beals

Jessica Brown, Calais

Sabrina Christian, Scarborough

Hillary Savage, Ellsworth

Katie Allen, Bucksport

Shelby Pelkey, Cony

Erika Zambello, Greely

Hillary Cederna, Greely

Logan Kinney, Gorham